

If you are interested in participating, please contact **Monita Sundar, PCSC Program Coordinator:**

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Prostate Cancer Supportive Care Program

Gordon & Leslie Diamond Care Centre

Room 6149, Level 6, 2775 Laurel St.

Vancouver, BC

V5Z 1M9, CANADA

www.prostatecentre.com/PCSC

 [@PCSC_Program](https://twitter.com/PCSC_Program)

Other Resources

The Vancouver Prostate Centre

- www.prostatecentre.com
- Telephone (Patient Queries)
604-875-5003

The British Columbia Cancer Agency

- www.bccancer.bc.ca
- Telephone (General Contact)
604-877-6000

Prostate Cancer Canada

- www.prostatecancer.ca
- Telephone (Toll-free)
1-888-255-0333

Men's Health Initiative of BC

- www.aboutmen.ca
- Telephone 604-875-4495

Support Group Information

Prostate Cancer Foundation BC

- www.prostatecancerbc.ca
- Telephone: 604-574-4012

**Vancouver Prostate
Centre's**

Prostate Cancer Supportive Care Program

Managing the Impact of Prostate Cancer Treatments on Sexual Function and Intimacy



You are invited to attend an evening information session

Living with prostate cancer can affect many aspects of a person's life including sexuality, sexual functioning and personal relationships.

Studies have shown that treatments for prostate cancer may cause sexual changes that can reduce the quality of life for patients and their partners. These changes can be a difficult for many men, who already have a lifetime of sexual experience and have continuing expectations. Changes *may* occur to urinary continence, sexual self-esteem, libido, penile functioning, orgasm, and ejaculation. Prostate cancer patients and their partners may need to make sexual adjustments as a result of such treatment effects.



As a module of the Vancouver Prostate Cancer Supportive Care (PCSC) Program, we are offering an information session that focuses on the sexual side effects of prostate cancer treatments and how sexual rehabilitation can reduce the adverse impact of prostate cancer on sexuality, sexual functioning and relationships.

For these reasons we provide an information session to help men and their partners learn about strategies to manage sexual side effects, and to ask questions. Our Sexual Health Clinician—a Rehabilitation Nurse specializing in sexual health and chronic illness—presents this 90 minute session.

This session is designed to:

- Add to one's current understanding of sexual health and sexuality.
- Inform you about the possible sexual changes caused by prostate cancer treatments.
- Introduce penile rehabilitation
- Begin to review the efficacy, pros and cons of various management options for sexual changes.

We encourage you (alone or with a partner) to attend this session. Being proactive before and after prostate cancer treatments will help optimize your sexual function and partner intimacy.

This session is held monthly at the Gordon and Leslie Diamond Health Care Centre, 2775 Laurel Street, Vancouver, BC (across from the Vancouver General Hospital).

As part of our program, there is also an opportunity for patients (either alone or with their partner) to have a confidential appointment with the Sexual Health Clinician in order to ask further questions or discuss more personal concerns.



May 11th, 2016